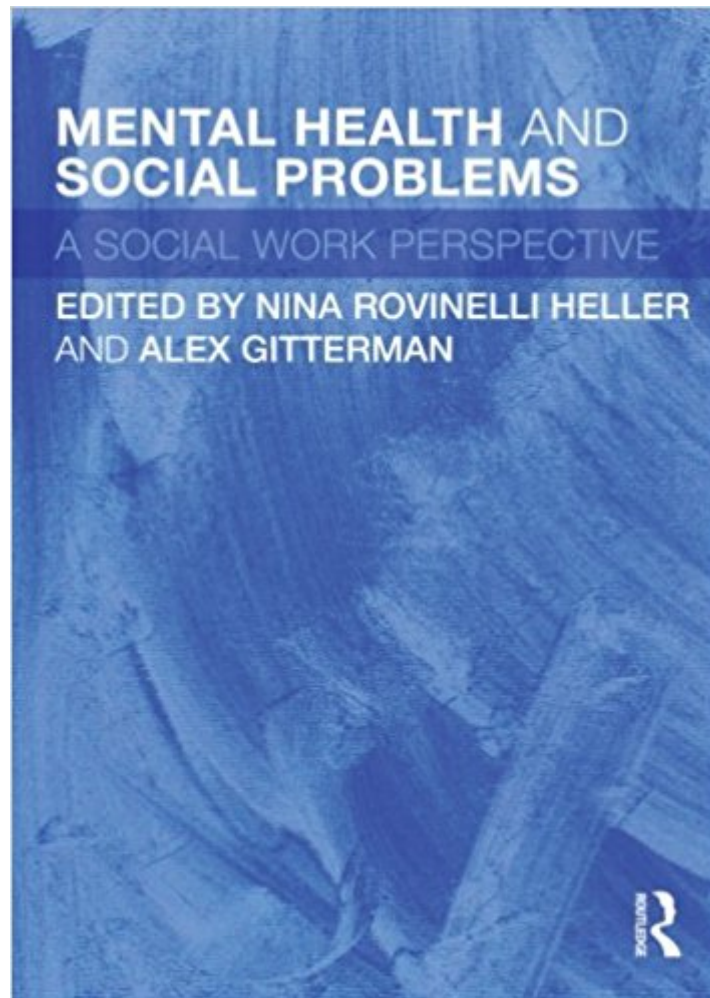




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# Mental Health And Social Problems: A Social Work Perspective



## Synopsis

Mental Health and Social Problems is a textbook for social work students and practitioners. It explores the complicated relationship between mental conditions and societal issues as well as examining risk and protective factors for the prevalence, course, adaptation to and recovery from mental illness. The introductory chapter presents bio-psycho-social and life-modeled approaches to helping individuals and families with mental illness. The book is divided into two parts. Part I addresses specific social problems, such as poverty, oppression, racism, war, violence, and homelessness, identifying the factors which contribute to vulnerabilities and risks for the development of mental health problems, including the barriers to accessing quality services. Part II presents the most current empirical findings and practice knowledge about prevalence, diagnosis, assessment, and intervention options for a range of common mental health problems – including personality conditions, eating conditions and affective conditions. Focusing throughout upon mental health issues for children, adolescents, adults and older adults, each chapter includes case studies and web resources. This practical book is ideal for social work students who specialize in mental health.

## Book Information

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What is most impressive is the breadth of topic and the attention to the literature base, supported by reference to web-based sources. For these reasons, it should, as the editors indicate in the introduction, become a core text for a variety of readers, qualifying students taking specialist mental

health modules, mental health social workers and policy makers. I feel that the book will also be accessible to other professionals in the field.â™™ â€˜ British Journal of Social Work â€˜The editors have done something important for social work by offering a volumeâ€•one they hope is both textbook and reference bookâ€•that rejects the bifurcation of dialogue around the mental health struggles our clients face and the most recalcitrant social problems that serve as the backdrop and context to their lives and oursâ™™ â€˜ Journal of Teaching in Social Work

Nina Rovinelli Heller teaches in the masters and doctoral programs, and is the Chair of the Mental Health Substantive Area at the University of Connecticut, USA. She has provided mental health services to individuals and families for thirty years in a range of practice settings. She is the co-editor of Integrating Psychodynamic Theory with Cognitive Behavioral TechniquesÂ and has published in the area of social work theory and clinical practice. Alex Gitterman is Zachs Professor of Social Work and Director of the Doctoral Program at the University of Connecticut School of Social Work. He has co-authored and co-edited a large number of books including The Life Model of Social Work Practice, Encyclopedia of Social Work with Groups and The Handbook of Social Work Practice with Vulnerable and Resilient Populations. He served as the President and on the board of the Association for the Advancement of Social Work with Groups, an international professional organization.

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